

WINTER RECREATION HANDOUT

2020/2021



TRAIL ETIQUETTE & SAFETY

PLEASE ENJOY THIS FREE MULTI-USE TRAIL SYSTEM RESPONSIBLY:

- Respect other trail users. Be courteous and yield right of way. **All users yield to grooming machines.**
- All multi-use trails are two-way traffic.
- Always stay on the right-hand side of the trail. Pass on the left.
- **Beware of blind turns!** Slow down for oncoming traffic. Speed limit in congested areas is 15 mph.
- Please avoid all roads or areas posted with closures or restrictions, or as shown as closed on map.
- **Keep dogs leashed at all times. Pick up and dispose of all dog waste on and off trails.**
- Winter travel in the backcountry requires proper gear and appropriate clothing. Be self-sufficient!
- Use extreme caution when recreating at night. Be visible and use the brightest lights you can find.
- **LEAVE NO TRACE!**
- **Be friendly! Be safe! Have fun! Share the trail!**

WINTER BICYCLING GUIDELINES

Looking for fun winter fat biking opportunities? You can access the extensive groomed OSV (Snowmobile) trail network at any Snowmobile Trailhead identified on the map. Also check out the groomed nordic trails at Obsidian Dome and Shady Rest Park.

- **FAT BIKES ARE ALLOWED:** On groomed motorized OSV trails identified on the Eastern Sierra Winter Recreation Map as, "Snowmobile Routes," Obsidian Dome, and Shady Rest Nordic Recreation Areas identified as, "Nordic Routes," on the Eastern Sierra Winter Recreation Map.
- Purpose-built fat bikes only: 3.8" wide tires or wider with a recommended tire pressure = 6-10 PSI
- Fat bikes yield to all other users.
- If you leave a rut deeper than 2 inches or can't ride in a straight line... it's too soft to ride!
- **FIRM SNOW is the BEST SNOW.** Conditions may deteriorate over the course of the day. Beware of icy patches.
- **EBIKES ARE NOT ALLOWED:** On any non-motorized trails or Nordic Recreation Areas (Shady Rest, Obsidian Dome, Tamarack).

MAMMOTH LAKES TRAIL SYSTEM @ MAMMOTHTRAILS.ORG

INFORMATION, MAPS & HANDOUTS

The Mammoth Lakes Trail System website provides an online guide to winter and summer recreation in the Mammoth Lake area.



TRAIL CONDITIONS & WEATHER

Visit the mammothtrails.org Trail Conditions page for local trail updates, local grooming information, and links to regional grooming and weather resources.



ACCESS THIS MAP ON AVENZA

This map, along with additional area maps, can be downloaded and viewed on iOS and Android mobile devices. Download the app at www.avenza.com/avenza-maps/

LAKES BASIN WINTER RESTRICTIONS

Closed to Bicycles & Snowmobiles Until April 17

The Mammoth Lakes Basin is closed to all bicycles and snowmobiles during the winter months. The area reopens to these vehicles on April 17 each season, weather and conditions permitting,

LODGING & VISITOR INFORMATION -

Mammoth Lakes Tourism www.VisitMammoth.com
1-888-GO-MAMMOTH (760) 934-2712

To report unsafe or illegal activities please call
(760) 873-2405

EMERGENCIES DIAL 911

TRAIL COURTESY



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INYO National Forest
MULTI-USE WINTER TRAILS





For the most recent information on snow conditions and avalanche activity, please visit the website:
www.esavalanche.org

- Check local weather conditions.
- Tell someone WHERE you are going, WHEN you are returning, and WHO you are going with.
- Know the risks and be prepared.

HYPOTHERMIA is a lowering of the inner temperature of the body resulting in rapid and progressive mental and physical collapse. Caused by exposure to cold and aggravated by wetness, wind, and exhaustion, untreated hypothermia can result in death.

WEATHER conditions can change rapidly.

- Obtain a weather report before your trip.
- Avoid traveling during heavy storms and whiteout conditions.

AVALANCHES may occur at any time during the winter.

- Routes and areas open to winter use are not controlled for avalanches.
- Avoid mountainous terrain after heavy snowfalls or long periods of high wind.
- Avoid crossing steep hillsides and entering narrow, steep-sided canyons.
- If crossing potentially dangerous areas is unavoidable, cross one person at a time.

CREEKS AND LAKES

- Stay off frozen lakes.
- Cross snow-covered creeks with care.

SURVIVAL KIT

- Warm clothes for layering (wool or synthetics are best)
- Water, sunglasses, sunscreen
- Space blanket, Ensolite pad
- Whistle for emergency signaling (3 blasts means "HELP!")
- Waterproof matches or lighter
- Map and compass

